

St. James CYM Basketball Program 2008 - 2009

Diocesan Student-athlete Eligibility Requirements:

1. All student-athletes must be members of families registered at St. James Parish. All student-athletes must be actively enrolled and participating in the St. James CCD religious education program or attending St. James Catholic School in order to be eligible to play in the Diocesan CYM Basketball League.

All student-athletes must have an Athletic Pre-Participation Physical Evaluation and Exam before they can participate in any Diocesan CYM basketball activities (assessments, practices, scrimmages, games, etc.).

2. For St. James School students, the Physical Examination & Evaluation forms you provided to the school will suffice. No additional copies are needed.
3. For students attending other schools, a copy of your Physical Examination & Evaluation forms provided to your school will suffice when provided to your coach.
4. If you need forms, go to the New Jersey Department of Education website listed on St. James website under Student Life – Athletics – Basketball. Print form, fill in, get signatures and return completed to your coach at or before the first practice.

All student-athletes must meet the Diocesan CYM Basketball requirements as defined in the current year's League Guidelines and Rules.

1. Age requirements:
 - 4th grade boys/girls: Must be in the 4th grade: no age restrictions
 - 5/6 grade boys/girls: Cannot be 13 years of age before September 1, 2008 (born before 9/1/1995)
 - 7/8 grade boys/girls: Cannot be 15 years of age before September 1, 2008 (born before 9/1/1993)
2. A student-athlete may only play on one team in the Diocesan CYM Basketball program Saturday Game League. An additional opportunity is the Diocesan CYM Basketball sponsored Sunday/Select League for 7th & 8th Grade Boys held at St. Ann's in Raritan. (Why is this only for 7th&8th Boys? Nobody has put together a girls Sunday league and/or found a gym to use on Sundays)

Diocesan Rules Governing CYM Basketball:

1. A Pastors Forum on Youth Athletics focused on ways to improve the Diocesan CYM Basketball League has established effective immediately per Bishop Paul Bootkoski's letter of August 27, 2004: **No basketball games or practices may be scheduled on Sundays before 1:00 PM.** This policy applies to all teams participating in the Metuchen Diocese CYM Basketball League as well as any tournaments. First we pray then we play!
2. **Practice Parent:** Arrange to have at least **one parent of a student-athlete per team present in the gym during every practice.** For girls' teams, a mother/woman must be the attending adult to help any student-athlete who may need personal care, even if there are women coaches. Need this to be organized, planned and executed effectively by coaches/team parent at the team level.